2017 BAC Summer Champs hosted by Berkeley Aquatic Club Held under the sanction of USA Swimming.

NISAPPT2LITLC		Held unde	er the sanction of USA	Swin	nming.		
Approval # It is understood and agreed that USA Swimming shall be free from any liabilities or claims for dimages arising by reason of injuries to anyone during the conduct of the event. Friday, July 21st, 2017 Saturday, July 22st, 2017 BMA, CAT, CJAC, EEX, JFAC, PAA, PPST, TAC, WAVE (If the meet doesn't fill after the above teams have sent in their entries, the meet host reserves the right to invite additional teams.) Berkeley Aquaic Center of Excellence 629 Central Avenue New Providence, NI 07974 The pool is Olympic-sized: 25 yards by 50 meters. The pool uses pedestal-style blocks with non-turbulent lane lines and an Omega Timing System. The depth of the pool at the starting end is 2 meters and at the turning end is 5 feet. There is one 3 lane by 25 yard auxiliary pool for warm-up and warm-down. The depth of the auxiliary pool ranges from 2 meters to 4 feet. There is bleached, for up to 300 spectators. Parking is available in the facility lot ONLY. Parking in the lots of any surrounding businesses is strictly prohibited. The competition course has been certified in accordance with 104.2.2C(4). Frail Tristan Formon Benall: tristan@juno.com Meet Director: Becky Hammond Phone: 201-401-3617 Email: tristan@juno.com Christopher Barry Zhongxu Lu Resty Rivera Administration Official: Becky Hammond Phone: 201-401-3617 Email: tristan@juno.com Email: pagedrest@puno.com Email: pagedrest@puno.c		NJSAP072117LC					
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	All other 12/U Events will be swum as timed finals. All other 13/14 and Open Events, will follow a Trials and Finals format. Open Events will have consolation and championship finals (fastest 20 swimmers from preliminaries) and 13/14 Events will have a single championship final (fastest 10 swimmers from preliminaries) both being held during the same Finals session each evening.
	The 800 Freestyle will be swum as a timed final event swimming slowest to fastest at the end of the appropriate morning preliminary Session. If we have more than one heat for each gender, we will alternate the heats by gender. We reserve the right to consult with participating teams after entries are received and a timeline is established should we find a different format would benefit the participating athletes.
	Teams are limited to two (2) relays per event unless time should permit more relays to swim. Teams are limited to 1 entry in the 800 Freestyle Relay. All relays are timed finals and will be swum with Finals both on Saturday and Sunday while the 800 Freestyle Relay will swim at the beginning of Friday night's Distance Session and will be limited to a total of two (2) heats and genders may be combined to allow more teams to competeor to reduce to only one heat.
	The Meet will be deck seeded with coaches checking in/scratching as swimmers. With the potential exception of the 50's, swimmers will report directly to their lanes without marshalling.
Entry Limits:	Swimmers can swim three (3) individual events and one (1) relay per day.
Checks Payable To:	Blue Streak Aquatic
Email Entry Files To:	BACMeetEntries@BerkeleyAquaticClub.com
Mail Checks/Reports	Berkeley Aquatic Club – BAC Summer Champs 629 Central Avenue New Providence, NJ 07974

2017 BAC Summer Champs

Order of Events

Session 1 (Friday): Distance

Women (Event Number)	Time Standard	Age Group	Event	Time Standard	Men (Event Number)
#1		Open	800 Free Relay		#2
#3	11/12 – 6:19.19	Mixed	400 IM	11/12 - 6:23.99	#4
	13/14 - 5:57.49			13/14 - 5:40.69	
	Open – 5:34.49			Open – 5:11.09	
#5	6:22.89	10/U	400 Free	6:27.79	#6
#7	11/12 - 21:47.19	Mixed	1500 Free	11/12 - 21:47.19	#8
	13/14 – 19:56.79			13/14 - 19:37.39	
	Open – 19:22.19			Open – 18:17.89	

Women	Time Standard	Age Group	Event	Time Standard	Men
(Event					(Event Number)
Number)					
#9	1:15.19	Open	100 Back	1:09.69	#10
#11	3:01.29	Open	200 Breast	2:44.79	#12
#13	1:12.89	Open	100 Fly	1:06.69	#14
#15	1:05.69	Open	100 Free	1:01.29	#16
#17	2:38.89	Open	200 IM	2:29.59	#18
#19	4:48.99	Open	400 Free	4:30.89	#20
#21		Open	400 Free Relay		#22

Sessions 3/5 (Saturday): 13/14 Prelims/Finals

Women (Event	Time Standard	Age Group	Event	Time Standard	Men (Event Number)
Number)					
#23	1:19.39	13/14	100 Back	1:15.19	#24
#25	3:10.49	13/14	200 Breast	3:03.29	#26
#27	1:16.59	13/14	100 Fly	1:13.29	#28
#29	1:09.89	13/14	100 Free	1:05.99	#30
#31	2:50.09	13/14	200 IM	2:42.79	#32
#33	10:32.69	13/14	800 Free	10:06.29	#34

 $(Saturday\ Finals\ will\ be\ swum\ by\ alternating\ Open\ and\ 13/14\ Age\ Groups\ for\ like\ Events.\ Saturday\ Finals\ will\ start\ with\ Open\ Events.)$

Session 4 (Saturday): 11/12 and 10&Under

Women (Event Number)	Time Standard	Age Group	Event	Time Standard	Men (Event Number)
#35	2:36.09	11/12	200 Free		
#36	3:01.89	10/Under	200 Free		
		11/12	200 Free	2:34.59	#37
		10/Under	200 Free	3:01.89	#38
#39	1:24.79	11/12	100 Back		
#40	1:38.39	10/Under	100 Back		
		11/12	100 Back	1:24.79	#41
		10/Under	100 Back	1:38.39	#42
#43	3:19.39	11/12	200 Breast	3:23.19	#44
#45	34.59	11/12	50 Free		
#46	39.29	10/Under	50 Free		
		11/12	50 Free	34.19	#47
		10/Under	50 Free	39.29	#48
#49	44.29	11/12	50 Breast		
#50	51.29	10/Under	50 Breast		
		11/12	50 Breast	43.89	#51
		10/Under	50 Breast	51.49	#52
#53	1:22.69	11/12	100 Fly		
#54	1:41.69	10/Under	100 Fly		
		11/12	100 Fly	1:22.09	#55
		10/Under	100 Fly	1:42.09	#56
#57	2:53.39	11/12	200 Back	2:53.59	#58
#59	11:36.59	11/12	800 Free	11:36.59	#60

Session 6/9 (Sunday): Open Prelims/Finals

Women (Event Number)	Time Standard	Age Group	Event	Time Standard	Men (Event Number)
#61	2:21.99	Open	200 Free	2:12.69	#62
#63	2:39.49	Open	200 Back	2:25.99	#64
#65	1:25.59	Open	100 Breast	1:17.09	#66
#67	31.69	Open	50 Free	29.09	#68
#69	2:36.59	Open	200 Fly	2:26.39	#70
#71	9:52.39	Open	800 Free	9:24.59	#72
#73		Open	400 Medley Relay		#74

Session 7/9 (Sunday): 13/14 Prelim/Finals

Women	Time Standard	Age Group	Event	Time Standard	Men
(Event					(Event Number)
Number)					
#75	2:29.29	13/14	200 Free	2:22.99	#76
#77	2:49.39	13/14	200 Back	2:42.89	#78
#79	1:29.49	13/14	100 Breast	1:24.59	#80
#81	33.69	13/14	50 Free	31.39	#82
#83	2:47.79	13/14	200 Fly	2:39.99	#84
#85	5:07.49	13/14	400 Free	4:59.49	#86

(Sunday Finals will be swum by alternating 13/14 and Open Age Groups for like Events. Sunday Finals will start with 13/14 Events.)

Session 8 (Sunday): 11/12 and 10&Under

Women (Event Number)	Time Standard	Age Group	Event	Time Standard	Men (Event Number)
#87	2:57.89	11/12	200 IM		
#88	3:25.89	10/Under	200 IM		
		11/12	200 IM	2:55.89	#89
		10/Under	200 IM	3:25.89	#90
#91	1:12.29	11/12	100 Free		
#92	1:24.79	10/Under	100 Free		
		11/12	100 Free	1:11.69	#93
		10/Under	100 Free	1:24.79	#94
#95	37.49	11/12	50 Fly		
#96	43.99	10/Under	50 Fly		
		11/12	50 Fly	37.49	#97
		10/Under	50 Fly	43.99	#98
#99	40.19	11/12	50 Back		
#100	46.39	10/Under	50 Back		
		11/12	50 Back	40.19	#101
		10/Under	50 Back	46.39	#102
#103	3:14.09	11/12	200 Fly	3:14.09	#104
#105	1:32.59	11/12	100 Breast		
#106	1:49.79	10/Under	100 Breast		
		11/12	100 Breast	1:32.59	#107
		10/Under	100 Breast	1:49.79	#108
#109	5:29.19	11/12	400 Free	5:25.09	#110

Meet Schedule and Session Times (TENTATIVE)

Friday, July 21st, 2017

		Warm-Up	Start
Distance Session	All Athletes	3:15 PM	4:00 PM

Saturday, July 22nd and Sunday, July 23rd, 2017

		Warm-Up	Start
Open	Men/Women	7:00 AM	7:45 AM
13/14	Men/Women	9:45 AM	10:30 AM
12/ Under	Men/Women	12:30 PM	1:15 PM
Finals	Men/Women	5:15 PM	6:00 PM

Meet Schedule will be finalized once entries are received.

Scoring:	This Meet will not be scored.
Awards:	Awards will be presented to the top 3 finishers in Individual Events and to the top 3 finishers in Relay
	Events. Age groups for award purposes include: 10/Under; 11/12; 13/14 and Open.
Starts:	'Fly-over' or 'Over-the-top' starts will <u>NOT</u> be used.
Admissions and	Admission will be \$10.00 for both Senior Prelims and Age Group Sessions each day and \$5.00 for each
Programs:	Finals session.
	Heat Sheets (and Results) will be available for free on both Meet Mobile and Live Results.
Concessions:	Water is available for sale.
Vendor:	The Berkeley Aquatic Speedo Swim Shop may be open during the meet.
Locker Rooms:	Parents are NOT permitted in the athlete locker rooms at any time.
Entry Information:	In accordance with NJS policy, team entries must be submitted by E-mail to bacmeetentries@berkeleyaquaticclub.com .
	Should the Meet still have capacity, additional entries from invited teams will be accepted following the NJS Silver Bronze Championships. The entry deadline for these additional entries will be 9 AM on Tuesday, July 18th.
	Please make the subject of your message: BAC Summer Champs
	Sessions may be limited as follows:
	150 Athletes/2 Hours for both of the Prelim Sessions 200 Athletes for the 12/Under Session
	All entries are to be of Hy-Tek meet entry format, importable into Meet Manager as an attached file to an email. The meet entry coordinator will respond to emails within 48 hours. If you do not receive an email response within 48 hours, assume that your email has not been received. It is the e-mailer's responsibility to make sure that the entry coordinator receives the email. If you do not receive an email response, you must contact the entry coordinator by phone.
	An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each entry and must be submitted before the start of the meet. The host club reserves the right to scratch swimmers/teams that have not paid their entry fees and turned in their waiver forms by this time. Entries must be submitted in Meter times only but may be converted from Yards.
	Accuracy of seed times is essential. Incomplete entries will not be accepted.
	Deck entries will not be accepted.
	No phone or faxed entries will be accepted.

Distance Events:	Athletes competing in either the 400 IM and/or 400 Free on Friday evening will be required to provide 1 timer. Athletes competing in the 1500 Free on Friday evening will be required to provide 1 timer and 1 counter (if desired) for their individual race. (Distance Events will be run with electronic timing and 1 stopwatch.) Athletes competing in the 800 Free on either Saturday or Sunday will be required to provide 1 timer and		
	1 counter (if desired).		
Swimmer Eligibility:	All swimmers must be members of USA Swimming or other FINA members to enter and compete in this meet.		
	All swimmers must be included in a team's official meet roster in the meet database to be eligible to participate in this swim meet in any event including relays.		
	Unattached Swimmers. All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use a New Team Alpha Code UN or U as their team affiliation. All unattached swimmers must be listed on the team's official waiver/verification form.		
	Age Groups that are Offered . 10/Under, 11-12, 13-14 and Open (which is open to any swimmer obtaining the noted time standards).		
	Time Standards that will be used. The Custom Time Standards are listed in this document as part of the Order of Events. Times may be converted from Short Course Times.		
	Individual and Relay Limits: New Jersey Swimming Policy allows swimmers to enter and compete in 3 individual events and 1 relay per day.		
Entry Times:	All entry times must meet the attached qualification times.		
	New Jersey Swimming does not allow 'NT' or "No Time' to be used as an entry time.		
Host Club Responsibilities:	The host club will provide 50% of the volunteers throughout the course of the meet with the exception of the Distance events.		
	The host club will have stopwatches available for volunteers helping to time.		
	The host club will e-mail all club entries back to the participating clubs.		
	The host club will create a Warm-Up Schedule that will be fair and equitable to all teams. This Warm-Up Schedule will be e-mailed to all participating clubs and posted on the team website no later than 72 hours before the meet.		
	The host club will create Timing Assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs and posted on the team website no later than 72 hours before the meet.		
Participating Club Responsibilities:	Participating clubs must help with timing assignments. Visiting team timers must be capable of operating a stopwatch and either a button or be able to record times on a clipboard.		
1	Participating clubs should help with officiating whenever possible. Please notify the Meet Referee in advance if possible.		
	Participating club parents/guests must stay in areas designated for spectators ONLY. This applies to both the pool deck area as well as the facility at large. Exceptions to this are those spectators/guests who are timing or working as officials who will be permitted on the pool deck.		
Officials:	Swimming officials from participating teams should contact Christopher Barry at officials@berkeleyaquaticclub.com, with the Sessions in which they are able to volunteer.		
	Current USA Swimming and NJ Swimming Certifications are required for all officials. The Meet Referee may check cards.		
	All Officials must wear the standard white shirt and blue pants or shorts uniform.		
	Officials will be required to work the entire session and will receive free admission. (Officials not working a given Session will be required to pay admission for that Session.)		

Coaches will be required to show coaching card with all current requirements met. Alternatively, a coach may show his/her certification on Deck Pass. Coaches must show coaching card before picking up any meet information or scratch sheets. Coaches must have coaching card visible at all times while on deck and when entering hospitality area. The host club has the right to change the format of the meet with the approval of the sanctioning chairman and either the age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes could include: - To allow more swimmers the opportunity to swim To conform to facility capacity limits or for facility safety concerns To condense the meet into smaller time frame. Some of the changes that can be made: 1) add a session, 2) heat limit distance events and, 3) condense sessions. The sanctioning, and/or age group, and/or senior chairman must approve all new warm-up schedules. Warm-Ups will be run under New Jersey Swimming Warm-up and Safety Guidelines: (https://www.teamunify.com/subtabgeneric.jsp?team=eznjslsc& stabid =69121)		
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(https://www.teamunify.com/subtabgeneric.jsp?team=eznjslsc& stabid =69121)		
All swimmers are entitled to a fair and comparable warm-up.		
Warm-Up Schedule:		
There will be a 40 minute warm-up before each session. The session will begin 5 minutes after the conclusion of the warm-up period. For the first 30 minutes, teams will be assigned lanes for general warm-ups. After 30 minutes, lane 1 and 10 will become Pace lanes and lanes 2 and 9 will become Sprint lanes. At the discretion of the Meet Referee, lanes 3 and 8 may also become Sprint lanes. The remaining lanes will be general warm-up available to all teams without Sprint or Pace. All general warm-up lanes will swim in a counter-clockwise direction. All teams MUST get the same opportunities for general warm-up lanes, sprint lanes and pace lanes.		
The Auxiliary will not be available for use during warm-ups. Use of this pool is limited to active periods of competition.		
(If the morning session ends early, the afternoon warm-up period may begin early but will not end early.)		
Entry/Exit Into and Out of the Pool: All swimmers must enter the pool from the starting end of the pool. All swimmers must enter feet first. Swimmers must exit the pool at the start/turn ends, not on the side of the pool.		
New Jersey Swimming Officials and Uniformed and designated Meet Safety Marshals will monitor Warm-Ups.		
PLEASE NOTE: Swimmers are prohibited from using any 'gear', 'equipment' or swimming aids during any warm-up or warm-down without formal approval from the Meet Referee in either the competition pool or the warm-up/warm-down pool.		
All check-in sheets must be turned into the control room 30 minutes before the start of the session. Swimmers who are present and swimming will have lines through their names. Swimmers who are being scratched will have their names circled with 'SCR' next to the circle. Swimmers scratching a single event will have a line through their name and the event number circled with 'SCR' next to the circle. Please use a simple line, not a scribble, so that the name can still be read. Failure to follow this procedure may result in the swimmer(s) being scratched from the session.		
W I I I I I I I I I I I I I I I I I I I		

Relays:	Positive check-in for all relays shall be at the start of warm-up of each evening session. Coaches must turn in relay cards no later than 90 minutes prior to the event. All relays must have the correct four names listed on the relay card in the correct order for that relay to be eligible. All swimmers must be listed in the team's official entry file in order to participate in the meet, including Relay-Only Swimmers. The order of swimmers and the names may be changed by notifying the timer in the relay lane or the computer desk, but this must be done prior to the start of the heat. No changes will be made after the relay is started.		
Scratching from Finals:	The New Jersey Swimming Scratch Procedure, as specified in the New Jersey Swimming Policies and Procedures Manual (found at njswim.org), including the Scratch Rules for Championship Finals, is in effect for this Meet. In addition, teams will be assessed \$50 for each swimmer who was originally seeded in the top 20 (Open) or top 10 (13/14) in finals and fails to swim on Sunday night without scratching as defined in the scratch procedure. We will take both scratches and intentions to scratch from Finals but they must be given within 30 minutes of announcing the results of the event in question and intentions must be decided or cleared		
	within 30 minutes of when the swimmer's last swim of the morning is completed.		
No Show Policy:	No penalty will be incurred for an unscratched swimmer who fails to report to the starting blocks for his/her scheduled event. However, the event will be counted toward the swimmer's maximum allowable swims for that day. The simmer may be allowed to swim the event in a later heat or subsequent event if the swimmer is at the starting end of the pool, ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer.		
Internet Website Posting and	The meet announcement, Hy-Tek Event List (.HYV file), and final meet results will be posted on New Jersey Swimming website www.njswim.org .		
Results:	The following will be posted on the Berkeley Aquatic Club Website www.berkeleyaquaticclub.com		
	Before the meet, we will post:		
	Meet Announcement Downloadable Hy-Tek Events List (.HYV file) Psych Sheets Meet Schedule		
	Warm-Up Schedule and Team Warm-Up Assignments		
	During the meet, the following will be available:		
	All attempts will be made to post results on Meet Mobile and Live Results throughout the Meet.		
	After the meet, we will post (<u>www.berkeleyaquaticclub.com</u>):		
	Downloadable Results (.CL2 file), and Printable Results (.PDF file)		
	Results will also be available on the New Jersey Swimming Website (www.njswim.org) soon after the conclusion of the Meet.		
USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.		
Audio/Visual Recording	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. In addition, volunteers and spectators cannot use any of the above on deck.		
Statement:	Dook Changes are muchibited		
USA-S Deck Change Policy Statement:	Deck Changes are prohibited.		
USA-S Drone Policy	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach		
Statement:	areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.		

Directions:

Address:

629 Central Avenue

New Providence, NJ 07974

Directions:

From 78 East

Take Exit 44 toward New Providence/County Highway 527. At the end of the exit ramp turn left onto County Road 527/Glenside Avenue. After ½ mile, turn Left onto Glenside Road. Glenside Road will become South Street/County Highway 647. Turn Left onto Central Avenue. Berkeley Aquatic will be 0.3 miles after this turn on the right-hand side of the road.

From 78 West

Take Exit 43 and merge onto Diamond Hill Road/County Highway 655. In a little less than a mile, turn right onto Mountain Avenue/County Highway 622. Again, in a little less than a mile, turn left onto South Street/County Highway 647. In 0.8 miles, turn left onto Central Avenue. Berkeley Aquatic will be 0.3 miles after this turn on the right-hand side of the road.

From Interstate 287

Take Exit 21 A (Route 78 East/New York City). Follow 'From 78 West' directions above.



2017 BAC Summer Champs

Friday, July 21st - 23rd, 2017

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Berkeley Aquatic Club, Blue Streak Aquatic and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the 2017 BAC Summer Champs Meet, are registered members of USA Swimming. All USA Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code			
Signature of Coach and/or Pare	ent/Guardian		
Telephone	E-Mail Address	E-Mail Address	
Name(s) of Coach(es):			
Entry Fee Summary:	number of Prelim/Final Events x \$6 =	\$	
	number of Timed Final Events x \$5 =	\$	
	number of Distance Events x \$11 =	\$	
	number of Relay Events x \$9 =	\$	
	Total =	\$	
Make checks payable to: Blue S	treak Aquatic		
representative signing a document	ning Rules and Regulations pose a fine of up to \$100 per event against a member coad twhich indicates a swimmer is registered with USA Swimn d or eligible to compete for that club. This will be enforced	ning for a meet when that	
List all Unattached Swimmers:			
Unattached Swimmer	, Unattached Swimmer		
Unattached Swimmer	, Unattached Swimmer		
Unattached Swimmer	, Unattached Swimmer		
Unattached Swimmer	Unattached Swimmer		